

ABOUT US

Guided by a whole person approach for growth and transformation, CRC partners with children, adolescents, and adults who are searching for renewed hope, strength and direction in facing life's toughest challenges. We believe that good mental health results from proper care of physical, mental, spiritual and emotional needs.

CEDAR RIVER COUNSELING

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www.crces.net

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Walking
with you,
offering
hope & support
through life's
challenges.



CEDAR RIVER
COUNSELING

WHERE HOPE
GROWS

VISION

Our Vision

Cedar River Counseling envisions healthy individuals and families with renewed hope, strength and faith, empowered for growth and life transformation.

Our Mission

Cedar River Counseling is committed to providing compassionate and competent services to meet the mental health needs of our clients.

OFFICE STAFF

We're here to support you on your journey to health. From the moment you call, through your counseling sessions and beyond, our friendly staff is happy to offer encouragement, make appointments for you, assist you in filling out forms and billing your insurance.

For additional information about our therapists, please visit our website www.crces.net

THERAPISTS

Dr. Stanley Miller, Psy.D., L.P.



Dr. Miller is a licensed psychologist. He is the owner and director of Cedar River Counseling. He has been serving southern Minnesota for nearly thirty years, counseling people with a wide range of difficulties throughout the life span.

Kim Quelle, MA, LAMFT



Ms. Quelle is client-centered with warm, genuine regard for families, couples and individuals across the life span with solutions to navigate through the

difficulties of life. She has walked many individuals through trauma, anxiety and depression toward hope and healing. She offers hope-focussed relationship and marriage counseling and has extensive play therapy experience with children ages two and above.

Jaclyn Schlichter, MA, LMFT



Ms. Schlichter will walk with you along your path to healing. She has varied experience working with children and adults. Ms. Schlichter uses her knowledge

from her service in the military, faith community and educational institutions to find connection, make meaning, and elicit growth for clients of all ages and stages of life.

SERVICES AVAILABLE

- In-person and online appointments for Individual counseling with adults, youth, and children
- Comprehensive diagnostic assessments
- Marriage, relationship, and family therapy
- Grief and trauma counseling
- Cognitive behavioral therapy for anxiety and depression
- Anger and behavior management
- Treatment for addictions, co-dependency, and eating disorders
- Play therapy with children
- Parenting skills enhancement
- Consultation with schools and other professionals